

2025

COACHES & MANAGERS FORUM

CAMPBELL PARK COMMUNITY
ROOM

MINI-ROOS TEAMS
(UNDER 6 AND UNDER 7)



AJFC EXECUTIVE COMMITTEE

Chris Williamson
Club President and Club Secretary
(president@abbotsfordjuniorsfc.com.au)

Nick Ancona
Club Vice-President, Club Registrar and
Competition Secretary
(registrar@abbotsfordjuniorsfc.com.au)

Paul Simeoni
Club Treasurer
(treasurer@abbotsfordjuniorsfc.com.au)

Matt Scott
Committee Member, Member Protection
Information Officer
(mpio@abbotsfordjuniorsfc.com.au)

Harveer Singh - Committee Member
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Chad Gibson - Committee Member
(chad@abbotsfordjuniorsfc.com.au)

John Encina - Committee Member
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Anita Kazi – Committee Member
(anita@abbotsfordjuniorsfc.com.au)

Jose Nunes – Committee Member
(jose@abbotsfordjuniorsfc.com.au)

Sabrina Di Cosmo – Committee Member
(sabrina@abbotsfordjuniorsfc.com.au)



AJFC KEY CONTACTS

info@abbotsfordjuniorsfc.com.au – general enquiries about AJFC Club matters and information

teamtraining@abbotsfordjuniorsfc.com.au – questions and issues regarding training times, schedule and questions regarding field availability

registrar@abbotsfordjuniorsfc.com.au – for all enquiries regarding player registration and team management

treasurer@abbotsfordjuniorsfc.com.au – for all matters related to finance including registration fees and payments for events



AJFC WEBSITE

<http://abbotsfordjuniorsfc.com.au>

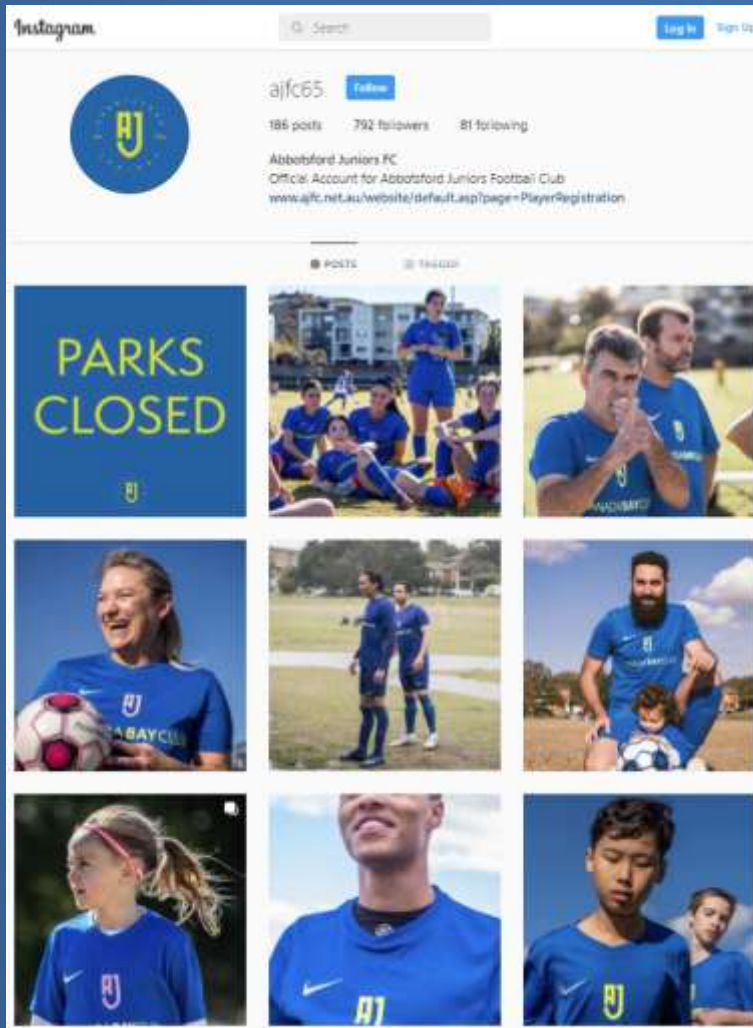
Your gateway to all the resources you need

- Game Day checklists
- Training Schedules
- Competition Management
- Codes of Conduct
- Pitch Closures and Wet Weather Info
- Forms and procedures
- Training Events



AJFC SOCIAL MEDIA

Abbotsford Juniors Football Club (AJFC) | Facebook
Abbotsford Juniors FC Instagram



WORKING WITH CHILDREN



100% compliance without exception.

The Club will not allow any applicable Coach or Manager of a Youth Team to continue in their volunteer role after April 3rd, 2025 without providing a valid Working with Children Check clearance. You must provide this to the Club by emailing out Club Registrar at registrar@abbotsfordjuniorsfc.com.au.

If a valid WWC cannot be provided, your accreditation as an AJFC Coach or Manager will not be accepted and you will not be allowed to act in this capacity. Someone else from the club will need to take up your position until this is provided.

In the interests of promoting child safety within the sport of Football, the Board of FNSW has implemented a new WWCC policy which will expand the categories of individuals requiring the NSW Government's WWCC.

MEMBER PROTECTION DECLARATION

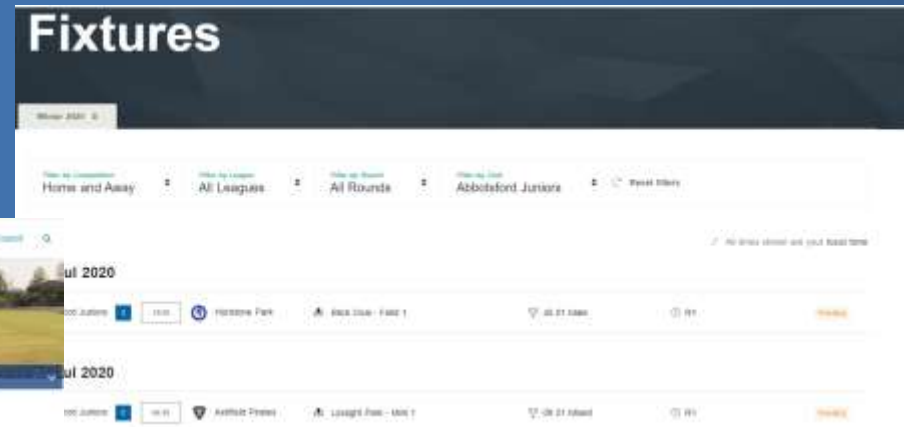
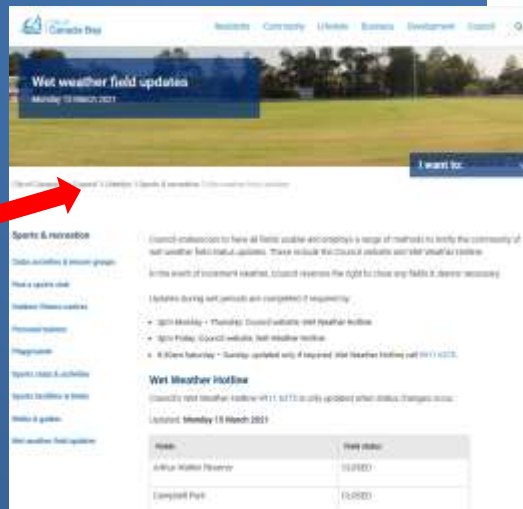
The FFA and FNSW have a duty of care to everyone associated with football and to the individuals and organisations to who the National Member Protection Policy applies. In accordance with the National Member Protection Policy, Football NSW must enquire into the background of those who undertake any work, coaching or regular unsupervised contact with people under the age of 18 years.

This is applicable to all coaches, managers, referees and any other persons in either a paid or voluntary capacity who are aged over 16 years and are working or volunteering with children (under 18 years).



WET WEATHER

- AJFC Home Grounds (Campbell and Lysaght Parks) – Canada Bay Council website provides ground status; this is a guide; it doesn't mean a game is washed out.
- AJFC will notify Home fields closure to Mini-Roos coaches and managers via Social Media (Facebook page) and email.



More info:

<https://www.canadabay.nsw.gov.au/lifestyle/sports-and-recreation/wet-and-recreation>

ST JOHN FIRST AID

AJFC is proud of our long standing partnership with St John.

For the last few seasons AJFC have been unique within the CDSFA in providing first aid support for all home games (Sat & Sun), providing critical Game Day first aid to home and away players. This has become the envy of other local clubs!

We are fortunate to have a dedicated first aid room at our Club to support St John.

In the event of an injury, please use St John staff. They are better qualified to assist and triage injury!



ABBOTSFORD F.C.

VALUES

EXCHANGE IN THE COMMUNITY

RESPECT

FAIR PLAY

LEADERSHIP

DEVELOPMENT

COACHES CODE OF CONDUCT

- Play by the rules and spirit of the game
- Act in accordance with the Club's Core Values
- Do not abuse, ridicule or bully anyone
- Never argue with an official
- Avoid un-necessary physical contact with players
- Create a positive player experience
- Respect player's rights, dignity and worth
- Take responsibility for player behaviour and actions

COACH RESPONSIBILITY



Season Setup

- Ensure you are correctly registered and approved with the Club
- Ensure all team members are registered and approved
- Confirm a training time for your team with the Club

Weekly

- Coordinate and run regular team training sessions
- Warm-up activity, session activity and then finish with game
- Arrive 5 to 10 minutes before training sessions start to setup drills for session

Game Day

- Ensure all aspects of game day transpire in an orderly manner
- Ensure fair participation for players
- Ensure fair play by players throughout game
- Focus upon enjoyment

More info:

<http://www.ajfc.net.au/website/default.asp?page=CoachingatAJFC>



MANAGERS CODE OF CONDUCT

- Play by the rules and spirit of the game
- Act in accordance with the Club's Core Values
- Do not abuse, ridicule or bully anyone
- Never argue with an official
- Cooperate with my team members, coaches, opponents and officials
- Take responsibility for the actions of the team including my coach and parents

MANAGER RESPONSIBILITY



Season Setup

- Ensure club communication is distributed to parents and players
- Ensure all team members are registered and approved (including coaches)
- Confirm a training time for your team with the Club
- Review Team Manager Checklist

Weekly Activity

- Confirm game details (date, time and venue)
- Ensure Club is notified when a team cannot be formed

Game Day

- Confirm field/pitch is open in the event of wet weather
- Organise parents/players to assist with ground packup when scheduled
- Ensure that all aspects of game day transpire in an orderly manner

More info:

<http://www.ajfc.net.au/website/default.asp?page=TeamManagersatAJFC>



A young girl in a blue and green soccer uniform is captured in the middle of kicking a soccer ball on a grassy field. She is wearing a blue cap with the Mizuno logo, a green jersey with blue accents, blue shorts, and blue socks. The background shows a white fence and a blue car. The text "2025 SEASON AT ABBOTSFORD JUNIORS FOOTBALL CLUB" is overlaid in large, yellow, outlined letters.

2025 SEASON
AT
ABBOTSFORD
JUNIORS
FOOTBALL CLUB

AJFC KEY DATES



WEEKEND – Finalisation of Game Day Kits (Socks and Jerseys)

Monday 31st March: Introduction to Mini-Roos Football Session

Tuesday 1st April: Team Coach and Manager “Game Day Collection” Starts

Wednesday 2nd April: Team Coach and Manager “Game Day Collection”

Thursday 3rd April: Team Coach and Manager “Game Day Collection”

Saturday 5th April: Opening Mini-Roos Games for Season 2025

Saturday 16th August: Final Mini-Roos (U6&U7) Round Robin Games

Saturday 16th August: Final Mini-Roos (U6&U7) Round Robin Games

Saturday 23rd August: Mini-Roos Parents vs Kids Games and Medal Presentations

Sunday 31st August – AJFC Community Day

Sunday 15th September – AJFC Youth Presentation Day and AJFC Awards



TEAM SEASON SETUP

- Confirm your Players and Registration
- Confirm Coach and Manager Registration
- Book a Team Training Time
- Collect a Training Kit
- Commence training at your allotted time and place
- ~~Setup Dribl Application~~
- Collect Game Day Kit (when advised by Club)
- Confirm Game Day 1st Match
- PLAY ON



TEAM TRAINING

- Booked by registered Coach or Manager (teamtraining@abbotsfordjuniorsfc.com.au)
- Training schedule and pitch locations are published on the AJFC website
- Club training days are Tuesday, Wednesday and Thursday

TUESDAY 4:30 – 5:30PM

CAMPBELL 1		
CP-1 Northwest U7/3 Goannas 5:00-6:00	CP-1 Northcenter U7/2 Dingoes 5:00-6:00	CP-1 Northeast U7/1 Crocs 5:00-6:00
CP-1 Southwest Free 4:30-5:30	CP-1 Southeast U9 DIV 3 5:00-6:00	

LYSAGHT PARK

Lysaght Northwest Free 4:30-5:30	Lysaght Northeast 13 Girls Div 2 5:00-6:00
Lysaght Southwest Free 4:30-5:30	Lysaght Southeast Free 4:30-5:30

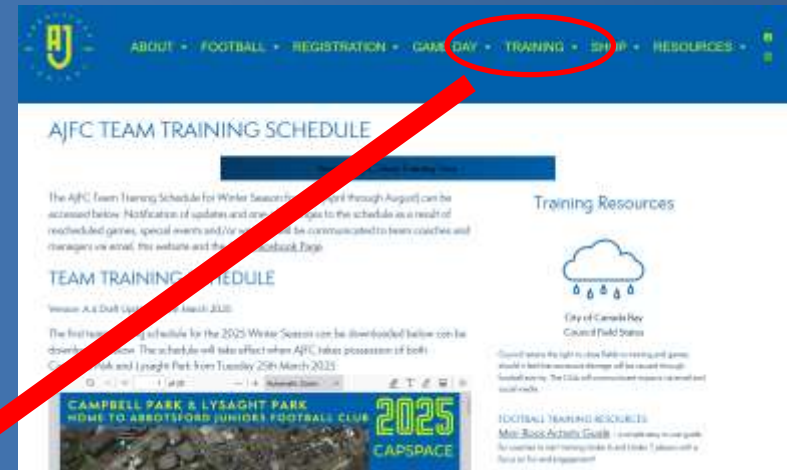
CAMPBELL 3

CP-3 Northwest Free 4:30-5:30	CP-3 Northeast 9 DIV 7 4:30-5:30
CP-3 Southwest free 4:30-5:30	CP-3 Southeast U9 DIV 3 5:00-6:00

CAMPBELL 2

CP-2 Northwest U6/3 Koalas 5:00-6:00	CP-2 North Center Spare 4:30-5:30	CP-2 Northeast U6/4 Kangaroos 4:30-5:30
CP-2 Southwest U6/6 Red Bellies 4:30-5:30	CP-2 South Center U6/7 Quokkas 4:30-5:30	CP-2 Southeast U6/5 Possums 4:30-5:30

Revision 4 25.09.2021



More info:

[Booking a Team Training Time - Abbotsford Juniors Football Club](#)




TEAM TRAINING

- Portable mini goals and poles can be borrowed from Club Shed for training
- MUST be returned after each training session
- Please stick to your allotted time and field space
- No mid-week “trial games” with goals/flags possible without prior approval of Club
- Mid-Week Catch-up Games
 - Mid-week games will occur where weather disrupts weekend competition games
 - Games kick-off at 7.15pm to ensure lights are available and game times are reserved in the training schedule for these on Campbell Park Fields 1 and 2
 - Teams training on a field which has a scheduled mid-week game must finish on time at 7pm.

More info:

[AJFC Team Training Schedule - Abbotsford Juniors Football Club](#)



An illustration of a soccer training session. A coach in a blue uniform and white cap stands on the left, clapping and saying "GREAT WORK". Several children in various colored uniforms are engaged in a drill. One child is about to kick a soccer ball. The drill is set up with wooden poles and orange cones. A green speech bubble in the top right corner contains the objective: "Objective: Pass the ball. First touch".

Objective:
Pass the ball.
First touch

HOW AND WHAT TO TRAIN FOR AJFC MINI-ROOS PLAYERS

MINI-ROOS TRAINING POINTERS

- Keep It Simple ...
- Focus on fun and enjoyment
- Like all learning, repetition is at the core of football skill development
- Plenty of touches and repetition
- Make sure everyone is involved
- Avoid queues
- Ask yourself - "Does it look like football..."



COACHING RESOURCES

TEAM TRAINING PLANS



- There are many and varied training resources online including session plans, diagrams and videos
- Focus on one skill per training session
 - Striking the Ball, Running with the Ball, First Touch and 1v1
- Good Session Structure:
 - Do a warm-up (Get kids focus)
 - Teach the skill via an exercise (Learning)
 - Finish with a Game (Apply the skill)
- There are good resources at [Training Resources - Abbotsford Juniors Football Club](#) but feel free to find your own





GAME DAY
AT
ABBOTSFORD
JUNIORS
FOOTBALL CLUB

2025 Season Under 7 Teams



- Under 7/1 CROCS
- Under 7/2 DINGOES
- Under 7/3 GOANNAS [SONICS]
- Under 7/4 PYTHONS
- Under 7/5 WALLABIES
- Under 7/6 TAIPANS
- Under 7/7 GLIDERS
- Under 7/8 EMUS



2025 Season Under 6 Teams



- Under 6/1 BANDICOOTS
- Under 6/2 BILBIES
- Under 6/3 KOALAS
- Under 6/4 KANGAROOS
- Under 6/5 QUOKKAS
- Under 6/6 ECHIDNAS
- Under 6/7 WOMBATS



FIELD SETUP FOR 2025



More info:

<https://www.abbotsfordjuniorsfc.com.au/ajfc-fields/>

FIELD SETUP

Mini-Roos fields will be located on Campbell Park Field 1 and Field 2; grouped together on the same full field

- For 2025, 6 x Mini-Roos pitches to a full field
- Note: Fields will be slightly smaller than those used in 2024
- Team assignments to fields will be via the White Board located outside the Club Shed at Campbell Park

All other Campbell Park and Lysaght Park fields will be in use at the same time

- Lysaght Park hosts Lysaght Park Mini 1 and Lysaght Park Mini 2 fields
- Campbell Park hosts Campbell Park Half 1 and Campbell Park Half 2 fields
- Mini 1 and Half 1 fields are the closest to the Campbell Park Amenities building

More info:

[Pitch Setup Schedule - Abbotsford Juniors Football Club](#)

GAME DAY SCHEDULE

- Games for Under 6 teams – Saturday 9:00 to 10:00am
- Games for Under 7 teams – Saturday 10:00 to 11:00am
- Runs from 5th April to 22nd August
- Schedule published on AJFC Website
- Mid-Weekend break in the April and July school holidays

The screenshot shows the AJFC website navigation menu with 'GAME DAY' selected. A dropdown menu lists various game day resources, with 'MINI-ROSES GAME DAY' highlighted. Below the menu is a group photo of players and a section titled 'UNDER 7 - ALL GAMES START AT 10AM, CAMPBELL PARK FIELD 1 AND FIELD 2 PITCH SET-UP FROM 8AM'. A table lists the game schedule, including a 'School Holiday Mid-Weekend Break' period.

Week #	Date	Home Team	Away Team	Pitch Set-up
1	6-Apr	Crocs	Dingoes	
1	6-Apr	Goannas	Taipans	
1	6-Apr	Pythons	Glders	
2	13-Apr	Crocs	Goannas	
2	13-Apr	Dingoes	Glders	
2	13-Apr	Pythons	Taipans	
School Holiday Mid-Weekend Break				
3	27-Apr	Crocs	Pythons	
3	27-Apr	Dingoes	Goannas	
3	27-Apr	Taipans	Glders	
4	4-May	Crocs	Taipans	
4	4-May	Dingoes	Pythons	
4	4-May	Goannas	Glders	
5	11-May	Crocs	Glders	



GAME DAY SETUP



- Majority of AJFC Mini-Roos teams have 10 to 12 players
- Teams are allocated a competitor AJFC team on a round-robin basis (e.g. Bilbies vs Quokkas)
- Each team (e.g. Bilbies) will split into two (2) teams to play games on 2 separate pitches
- Games are conducted with 4 players on the field + 2 subs
- 40 minute maximum games; 4 x 10 minute quarters with 2-3 minute water breaks in between
- Coaches from both sides allowed on the field to help lead games

SUPPORT AND GUIDE BUT ABOVE ALL

LET THE KIDS PLAY!



SIMPLE GAME DAY RULES



PLAYING FORMATS BOYS AND GIRLS AGED UNDER 6 & 7

PLAYER NUMBERS

Under 6 & 7 football should have a maximum of 4 v 4 on the field with no goalkeeper.

GOAL TYPE

It is preferable that pop-up style portable goals are used where possible however, the use of poles or markers as goals is also suitable. Goal size of 1m x 1m

GOALKEEPER

There are no goalkeepers in MiniRoos Under 6 & 7. It is the responsibility of the Game Leader to discourage children from permanently standing in front of the goal.

BALL CROSSING THE TOUCH LINE

There is no throw in. A player from the opposing team to the player that touched the ball last before crossing the touch line will place the ball on the touch line and pass or dribble the ball into play. Opponents must be at least 5m away from the ball until it is in play. The ball must touch a teammate before a goal can be scored.

BALL CROSSING THE GOAL LINE

There is no corner kick. Regardless of which team touched the ball last, a player from the team whose goal line the ball has crossed will place the ball anywhere along the goal line and pass or dribble the ball into play. Opponents must retreat to the halfway line and can move once the ball is in play. The ball must touch a teammate before a goal can be scored.

OFFSIDE

There is no offside rule in MiniRoos Under 6 & 7. Game Leaders should strongly discourage children from permanently standing in blatant offside positions.



COACHES AND MANAGERS RESOURCES



- [Training Resources](#) – a range of helpful online training guides, session examples and plans for Under 6 to Under 12 players
- [AJFC Resources](#) – the gateway to AJFC online resources
- [Abbotsford Juniors Facebook Page](#) – up to date information, wet weather closures, events
- [Football Canterbury Website](#) – Football Canterbury Association website
- [AJFC Report an Incident/Injury Form](#) – online form for reporting an incident and/or injury to the AJFC Committee



COACHING DEVELOPMENT



Football Australia/Football NSW National Approach

- <https://learn.footballaustralia.com.au>

The screenshot shows the 'Training Event' page on the Football Australia website. The user is logged in as Chris Williamson. The page features a search bar for events by member association, location, and course. Below the search bar, there are tabs for 'My Enrolled Events', 'My Waitlisted Events', and 'Events With Positions Available'. The main content is a calendar for April 2024, showing several training events scheduled across the month. The events are represented by orange bars on the calendar grid. The left sidebar contains navigation options: Home, Skills Passport, Document Library, Training Library, Training Event (highlighted), My Training, and Help.





CAN YOU HELP?



AJFC VOLUNTEERING

In 2025, Abbotsford Juniors will have well over 1,400 members, 91 teams and will finish with close to 1,250 players

We need your help to allow us to continue to grow the Club in support the demand for football in Canada Bay.

CALLING FOR VOLUNTEERS TO HELP

- Assistance with AJFC Events
- Kit Organisation and Distribution
- Ground Official Duty
- Age Coordinators assisting Coaches and Managers

IF YOU HAVE AN HOUR OR TWO TO GIVE, VISIT

[Volunteering at AJFC - Abbotsford Juniors Football Club](#)